



# FarmWell

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## MANAGING THROUGH CHANGE SUCCESSFULLY

WITH LUKE HARMER, AHDB

With frequent and fast changes to our lives nowadays, we all have to regroup and reconsider how we want to respond and where we want to go, both individually and in our businesses.

By defining your business objectives and personal goals you'll be able to make plans that take advantage of changing circumstances.

Use these worksheets and guidance from AHDB to explore your objectives and ambitions, which will help you find your way in this changing world. [Click here to view.](#)

Personal Objectives	
What makes you happy as a person?	
What do you enjoy about farming and growing?	
What is the purpose of what you do?	
What are you good at?	
What are your plans for the next few years?	
How does farming fit into these plans?	

The most important thing, when dealing with change, is to share your problems and potential solutions with others and then take a planned approach.

If your profits and cashflow are likely to be affected by a change in your situation, then you can use the templates [here](#) to identify the financial effects on your business.

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